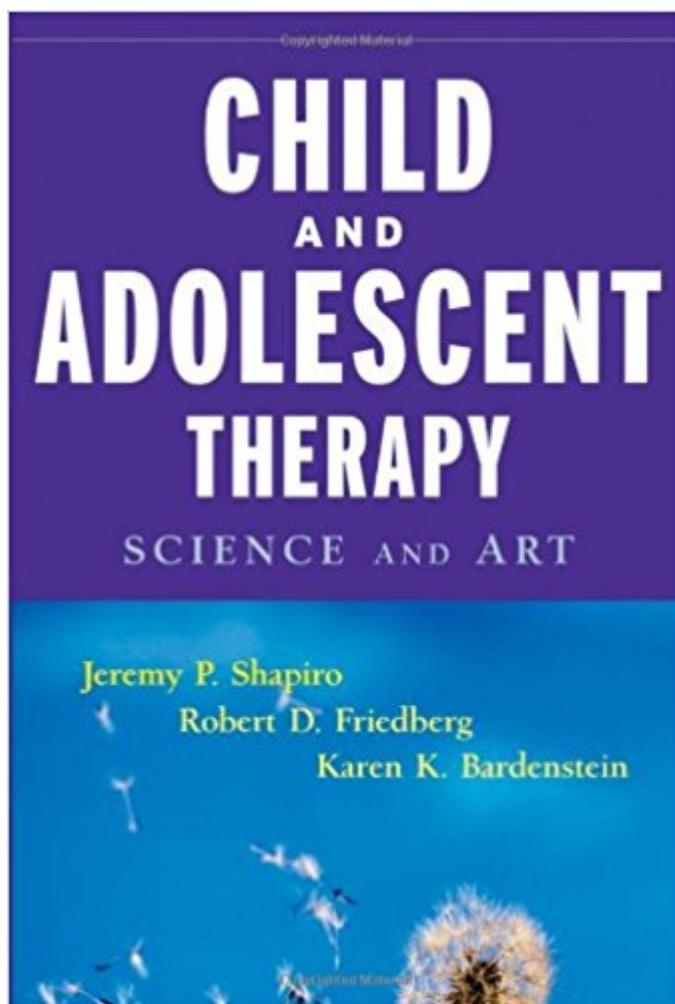


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# Child & Adolescent Therapy : Science And Art



## **Synopsis**

This comprehensive guide to child therapy provides a thorough introduction to the principles and practice of psychotherapy with children and adolescents. It provides balanced coverage of child therapy theory, research, and practice. Adopting an integrated approach, the authors bring both the science of evidence-based practice and the art of therapy into each chapter.

## **Book Information**

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## **Customer Reviews**

"I was thoroughly impressed ... provides a good insight to the rationales and indications for different therapies for different child mental health presentations." (Community Care, July 2006)

A comprehensive introduction to the theory, research, and practice of child and adolescent therapy Child and Adolescent Therapy: Science and Art equips today's therapists with the current theory, research, and techniques of psychotherapy with these special client groups. With coverage of major theories alongside their associated therapeutic interventions and techniques, this comprehensive resource brings both academic rigor and on-the-ground experience to bear on such approaches as: Behavior therapy Constructivism "solution-oriented and narrative therapy Cognitive therapy Family systems therapy Psychodynamic therapy Atheoretical and transtheoretical techniques Along with different approaches, the text discusses outcome research and other clinical considerations that guide practitioners in creating the best possible treatment plans for individual clients. The overall tone of this handbook is informal and approachable "like the voice of an effective therapist "with

frequent specific examples of what to say, who to say it to, and when to say it. Bringing the science and art of therapy together in an innovative and up-to-date guide, *Child and Adolescent Therapy* offers an invaluable resource for both clinicians in training and skilled practitioners looking for new ideas and techniques.

I found the book very helpful. I teach children who are emotionally handicapped and my job is half teaching and half therapist at times. This book gave me insights into the counseling side of working with my students and gave me several ideas how I can do my job a bit better. I would recommend this book.

Excellent, excellent book chock full of relevant, applicable information. Not dry like most textbooks. This might be the first textbook in history that I read cover to cover! I love that this book contains various theories of counseling and relates them to working with children.

Easy to read and follow. Great overview with scripts for therapy included.

This book is packed with information and would be a good introduction to theoretical models in counseling. I would give it a 3.5 if that was an option.

This book was for class.

Excellent resource

Arrival time fast! & item met above my expectations.

Good condition

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